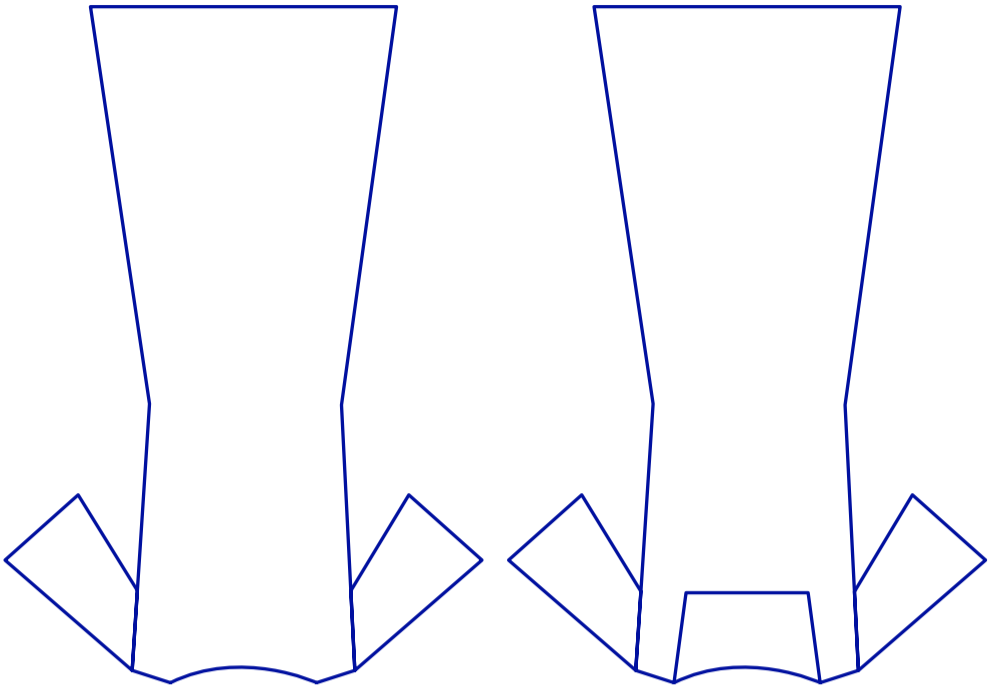




BACK

FRONT



"To me epilepsy is like my own personal monster  
that never leaves.  
I can see the destruction it causes but no one  
else can see it so they don't always understand  
what's happening or why I struggle so much."

Susan's work involves embroidering words and  
images based on testimony from people living  
with epilepsy.  
Taking inspiration from the following words,  
come up with your own design for the night dress:



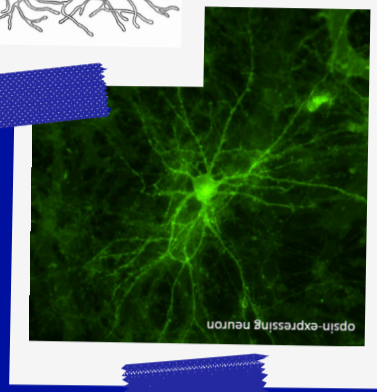
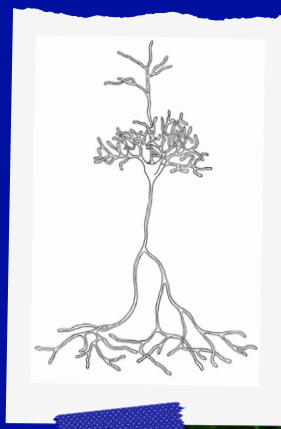
One of the words used in Susan's work is  
Unseen. People with epilepsy appear like  
anybody else until a seizure happens.

Can you find Unseen and the eleven other  
words from Susan's work in the wordsearch?



V D A S U E Y G H H C M P N B  
A C U I T Q B W T V S I J O R  
Q Q T T A R C X H T W S J I A  
N E E S N U U U I N O F M T V  
G N I N E T H G I R F I K A E  
J B M C K V M A G X F R F C L  
F L J N I A R V B L I E D I T  
E M P T Y B R A D U E S N D T  
E M B A R R A S S M E N T E A  
G O A F T E R M A T H J N M B

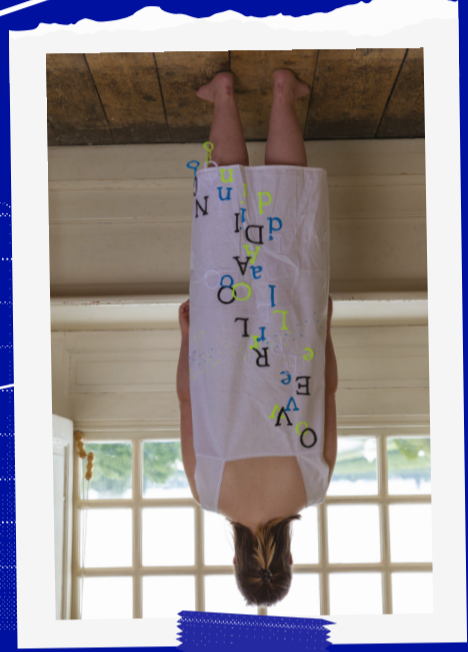
AFTERMATH	MEDICATION	BRAVE	STRUGGLE
FRIGHTENING	BRAIN	STIGMA	EMPTY
BATTLE	MISFIRES	EMBARRASSMENT	UNSEEN



Andrew Carnegie's work includes details  
from nature. The images on the right show  
cells found within the brain.  
How are the brain cells similar to other  
things found in nature?



In Susan Aldworth's work, a single word  
has been embroidered on the back of  
each item of clothing.  
Look at some of the clothes on display.  
Are there any particular words that  
stand out to you? What is it about these  
words that make them memorable?



# ILLUMINATING THE SELF

## ACTIVITY BOOKLET



Andrew's sculptures are about disruption. Sensors hidden around the gallery cause the static sculptures to be altered. The sculptures then slowly settle back to calm.

What do you think of the sculptures when they are active compared to when they are dormant? Does it change the artwork?



People have debated where the use of technology in the brain might end up. Should it be used to enhance human abilities instead of just treating disease?

Would you want a device that could help you concentrate better or improve your memory?

Would you like to control machines using only your mind?

Epilepsy is a disease that affects roughly 600,000 people in the UK and 50 million people worldwide.

But how much do you know about epilepsy?



1. A seizure is a sudden, uncontrolled electrical disturbance in the brain

True ☐ False ☐

2. All people with epilepsy lose consciousness during seizures

True ☐ False ☐

7. Some types of seizure only last a few seconds and may not be noticed by others

True ☐ False ☐

8. You can catch epilepsy from someone who has it

True ☐ False ☐

9. You can tell from looking at someone if they have epilepsy

True ☐ False ☐

3. Some people get a warning or feeling shortly before a seizure

True ☐ False ☐

4. For most people with epilepsy, seizures are well controlled with drug treatment

True ☐ False ☐

5. Anyone can develop epilepsy at any time

True ☐ False ☐

6. Most people with epilepsy have seizures when looking at flashing lights

True ☐ False ☐

10. All people with epilepsy have the same type of seizure

True ☐ False ☐

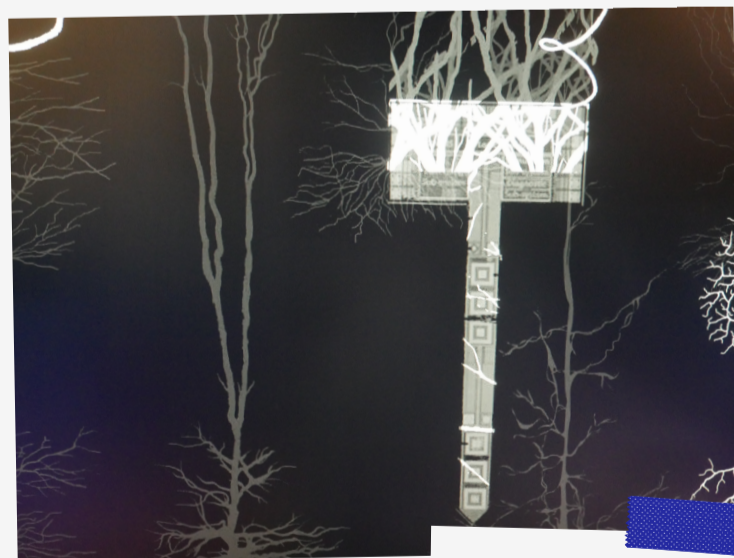
11. Approximately how many people do you think are affected by epilepsy in UK?

1 in 100 ☐ 1 in 1000 ☐

Andrew's video work includes lots of different images. Keep a note of some of the images that you see in the video.

Why do you think the artist included these images in the work? How do they relate to the brain, epilepsy and medical implants?

Did you see any of the following:



The CANDO project uses an electronic implant in the brain to help control epilepsy. It is one of a large number of implants developed to treat and modify the body.

If you could have an implant that allowed you to do something extraordinary what would it look like? What would it do?

Draw a picture of your modified self here



Everyone on the CANDO project would love to see the pictures of your modified selves. Share with us on twitter @CandoNcl or using the hashtag #IlluminatingTheSelf.

Answers:  
1. True  
2. False  
3. True  
4. False  
5. True  
6. False  
7. True  
8. False  
9. False  
10. False  
11. 1 in 100